

'Get the Real Deal on your Meal'

RecipeforHealth's

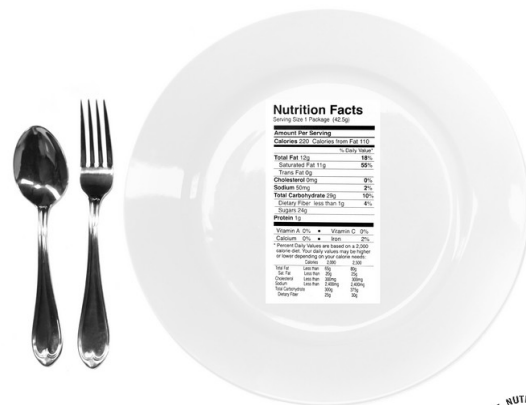
Nutrition Month Contest

We are giving away a **\$200 grocery gift card**
+ a shopping trip with a dietitian (value \$75)
to help equip a lucky winner's kitchen with wholesome, healthy
food this March!

Want to win?

Share this contest with your facebook friends, and encourage them to 'like' our RFH page. For each friend that 'likes' us you'll get an entry (they'll have to let us know you referred them in order to get your entry). Each person who 'likes' our facebook page will also receive an entry.

You can get unlimited contest entries. Essentially the more people you refer to join our group the better your chances of winning!



RecipeforHealth
Nutrition Counselling and Consulting



<http://www.facebook.com/recipeforhealth>

Deadline to enter is 12pm Saturday March 31st. Winner announced Monday April 2nd.
Contest open to residents of Newfoundland and Labrador only.

For more information:
(web) <http://www.recipeforhealth.ca/>
(e) info@recipeforhealth.ca

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